# Naked Men Talking with Martin Feaver
# Hosted by Gareth Johnson
# Podcast Links

Episodes are at https://www.gtv.blue/tag/naked-men-talking/ or follow the links below.

## Podcast Seven

Camping, courgettes and navigating shame
https://open.spotify.com/episode/7vREe9bS0pvEB2FQ6Tgspd?si=0U9GRqr8QtqU2D2o4ibNDg

https://www.gtv.blue/martin-benkd-coaching/

https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000779292005

## Podcast Six

Tantric energy, sexual energy and happy endings.
https://open.spotify.com/episode/61KJM81dpveynKruoqOCcv?si=z1V_o6TTQim725pF0oGpOQ

https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000743416072

## Podcast Five

Pathways into the body, moving beyond performative behaviour and the importance of feeling every stroke.
https://open.spotify.com/episode/4u23Pq5aYdGuaI2323EPMb?si=YwytblVNQG67IUaFEBYHZg

https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000730631968

## Podcast Four

Tantric wellbeing, brotherhood circles, and the power of the mind/body connection.
https://open.spotify.com/episode/5ZwOTsoSJcfrcp3l0R74ZA?si=Zq3bJwkPT_iZfgRBuyrcxw

https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000703601050

## Podcast Three

Getting naked in Crete, small group sexual energy and how to survive a clothing optional retreat in the UK winter
https://open.spotify.com/episode/5SzTjreJkKClPTEHz6BjhK?si=pxF9TWQxS8mWP8klOJEGXQ

https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000677558385

## Podcast Two

Wellness Workshops facilitated at the recent NakedFest camping event in the UK. We talk expectations, explorations, and ensuring compatibility.
https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000669122965

## Podcast One

Why getting naked is a useful coaching tool, a naked wellness retreat on Crete, and the problem with straight men.
https://open.spotify.com/episode/7fcEvmvcUaB1biazVXlyqA?si=G2e8UX2bQTaIJFXfEQZW6Q

https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000660285940

***Escape. Reconnect. Renew. Belong.***