

Naked Men Talking with Martin Feaver

Hosted by Garth Johnson

Podcast Links

Episodes are <https://www.gtv.blue/tag/naked-men-talking/> or follow the links below.

Podcast Seven

Camping, courgettes and navigating shame

<https://open.spotify.com/episode/7vREe9bS0pvEB2FQ6Tgspd?si=0U9GRqr8QtqU2D2o4ibNDg>

<https://www.gtv.blue/martin-benkd-coaching/>

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000779292005>

Podcast Six

Tantric energy, sexual energy and happy endings.

https://open.spotify.com/episode/61KJM81dpveyNkruoqOCcv?si=z1V_o6TTQim725pF0oGpOO

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000743416072>

Podcast Five

Pathways into the body, moving beyond performative behaviour and the importance of feeling every stroke.

<https://open.spotify.com/episode/4u23Pq5aYdGuaI2323EPMb?si=YwytlVNQG67IUaFEBYHZg>

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000730631968>

Podcast Four

Tantric wellbeing, brotherhood circles, and the power of the mind/body connection.

https://open.spotify.com/episode/5ZwOTsoSJcfrcp3l0R74ZA?si=Zq3bJwkPT_iZfgRBuyrcxw

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000703601050>

Podcast Three

Getting naked in Crete, small group sexual energy and how to survive a clothing optional retreat in the UK winter

<https://open.spotify.com/episode/5SzTjreJkKCIPTEHz6BjhK?si=pxF9TWQxS8mWP8kIOJEGXQ>

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000677558385>

Podcast Two

Wellness Workshops facilitated at the recent NakedFest camping event in the UK. We talk expectations, explorations, and ensuring compatibility.

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000669122965>

Podcast One

Why getting naked is a useful coaching tool, a naked wellness retreat on Crete, and the problem with straight men.

<https://open.spotify.com/episode/7fcEvmvcUaB1biazVXlyqA?si=G2e8UX2bQTaIJFXfEQZW6Q>

<https://podcasts.apple.com/gb/podcast/naked-men-talking/id1705858829?i=1000660285940>

Escape. Reconnect. Renew. Belong.